MENU (3-6 years)



MONDAY

BREAKFAST: PORRIDGE (OATS / MAIZE MEAL)
LUNCH: MACARONI & CHEESE
AFTERNOON: SANDWICHES



TUESDAY

BREAKFAST: PORRIDGE
LUNCH: BEEF STEW/RICE
AFTERNOON: SANDWICHES



WEDNESDAY

BREAKFAST: PORRIDGE
LUNCH: FISH FINGERS, MASH & PEAS
AFTERNOON: SANDWICHES



THURSDAY

BREAKFAST: PORRIDGE
LUNCH: CHICKEN CASSEROLE /RICE
AFTERNOON: SANDWICHES



FRIDAY

BREAKFAST: PORRIDGE
LUNCH: SPAGHETTI BOLOGNAISE
AFTERNOON: SANDWICHES

PARENTS SUPPLY DAILY:

SNACK TIME AT 10H00

Please supply a snack in a lunchbox
Eg: yogurt, fruit, biscuits, cheese, raisins, fruit sticks.
Bottle of Water and/or Juice
No sweets/chocolates please.

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